

December 2013

CURRICULUM VITAE



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Current work:

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Date & Place of Birth: June 28, 1955, Jerusalem, Israel.

Zahal Military Service: 1973-1977, Captain.

Martial Status: Married + 4.

A. EDUCATION

1979-1983 B.Sc in Biology, Tel-Aviv University

1984-1986 B.A in Psychology and Philosophy, Tel-Aviv University. Magna Cum Laude

1986-1988 M.A. in Clinical Psychology, Bar-Ilan University.

1989-1993 Ph.D. in Philosophy. Department of Jewish Philosophy
& Department of Psychology, Hebrew University, Jerusalem.

B. FURTHER STUDIES

1991 Passed Israeli Boards in Clinical Psychology.

1995 Certification for Biofeedback from the Biofeedback Institute of America (BCIA).

1995 Certified in Neuro-biofeedback from the National registry of Neurofeedback Providers, Society for the study of Neuronal Regulation USA.

- 1995 Certification for Hypnosis from the American Society of Clinical Hypnosis.

- 1996 Certification for Hypnosis from the state of Israel Ministry of Health.

- 1996 Certification as a supervisor in Biofeedback from the Israeli Society
for applied Psychophysiology and Biofeedback.

- 1999 Certified mentor as a clinical psychologist (Supervisor),
Israeli Ministry of Health

- 2003 Certified mentor as a health psychologist (Supervisor)
Israeli Ministry of Health

- 2006 Certified as a supervisor in CBT by ITA the Israeli association of CBT.

- 2013 Certification in Prolonged Exposure by Prof. Edna Foa, Hosen Center,
Tel-Aviv

C. ACADEMIC & CLINICAL ACTIVITIES

C1. ACADEMIC AND TEACHING EXPERIENCE

- 1991-1992 Teaching Fellows (with no tenure). Psychology Department, Tel-Aviv
University.

- 1995 - Teaching Residents in Psychiatry and Psychology -Cognitive Behavioral
Psychotherapy. Tel-Aviv Brill Community Mental Health
Center, Sackler School of Medicine, Tel-Aviv University.

- 1998 - Supervisor and head of the Cognitive Behavioral Therapy and

Psychophysiological Unit Tel-Aviv Community Mental Health
Center, Sackler School of Medicine, Tel-Aviv University.

1999-2002 Mentor in CBT and biofeedback -"Tahanat Ha'arbaa", Israeli ministry of health.

1999-2002 Mentor in CBT Schneider Children's Hospital, Sackler School of Medicine, Tel-Aviv University

2000 - Member of board and faculty of the European Association of Biofeedback

2003 - 2005 Mentor in CBT and biofeedback, Abarbanel Hospital, Bat Yam.

2003- 2004 Teaching Fellows, Seminar Hakibutzim.

2003-2004 Teaching M.A clinical psychology, Ben Gurion University

2004-2010 Teaching Health Sciences at the Tel-Aviv - Jaffa Academic College including B.A students and M.A in medical psychology.

2006- Teaching courses in CBT in Maccabi Health Services (clinical psychologists and clinical social worker, family physicians, dieticians, developmental physicians, physiotherapists).

2009-2010 Teaching CBT for educational psychologist, "Shapach – Tel-Aviv", Tel-Aviv Israel. 2 years program.

- 2010- Mentoring M.A students – Jaffa Academic College health sciences programs.

- 2010- Teaching CBT in all official certification programs in CBT in Israel.

- 2011 - Teaching in Positive Psychology program in Recanati business school, Tel-Aviv University Lahav Program.

- 2012- Teaching and supervising CBT at the child psychiatry department in Ichilov hospital – Tel-aviv health center.

- 2012 - Teaching Low Intensity CBT in various health organizations (Klalit and Maccabi health services and Ichilov and Reut hospitals)

C2. CLINICAL AND MANAGEMNET EXPERIENCE

- 1992 Senior (certified with tenure) in Clinical Psychology. The Psychophysiological Unit Children & Adolescents Department. Tel-Aviv
Community Mental Health Center, Sackler school of Medicine, Tel-Aviv University.

- 1993- 1995 Practicing Brief Psychotherapy, Biofeedback, neuro-biofeedback and Clinical hypnosis, Stress management and Peak performance - groups and individuals. The Summit Psychiatric Center, Cincinnati Ohio U.S.A.

- 1995- 1999 Head of Psychophysiology unit, Tel-Aviv Community Mental Health Center, Sackler school of Medicine, Tel-Aviv University.

- 1995 - Private practice
- 1999- Head of the Cognitive Behavioral Therapy and Psychophysiological Unit,
Senior in Clinical and Medical Psychology Tel-Aviv Community Mental
Health Center, Tel-Aviv University Medical School.
- 2002- Director of the Cognitive Behavioral Intervention Unit.
Donald J. Cohen and Irving B. Harris "Hosen" Center for Trauma and
Disaster Intervention.
- 2004- Director of the Educational Unit.
Donald J. Cohen and Irving B. Harris "Hosen" Center for Trauma and
Disaster Intervention.

C3. MEMBERSHIP IN PROFESSIONAL SOCIETIES

- 1993 The American Society for Applied Psychophysiology and Biofeedback
- 1993 The American Society for Clinical Hypnosis
- 1995 The Israeli Society for Biofeedback
- 1998 - 2000 Chairman of the Israeli Society of Biofeedback
- 1998 The European Society for biofeedback
- 1999 The European Society for Behavioral and Cognitive Therapy
- 2000 The Israeli Society for Behavioral and Cognitive Therapy
- 2004 Member of the board of The European Society for biofeedback

E. ACADEMIC AND PROFESSIONAL AWARDS

- 2011 – The Roter Fund Award for developing a website with a psychotherapy

protocol for adolescent with type 1 diabetes and their parents. (with O. Pinhas Hamiel, I. Visuker and O. Peleg)

F. CURRENT INDEPENDENT RESEARCH PROJECTS

- 2005 The value of a resilience program in the school setting and in the primary care as a preventing tool.
- 2005- A prevention protocol for children with newly onset type 1 diabetes in Collaboration with Mount Sinai Hospital, NYC.
- 2005- Building an internet website for a remote therapy for test anxiety. www.minustress.com
- 2006- The value of a resilience program in the school setting as a preventing tool. A research project at 100 schools at the north of Israel. following the second Lebanon war.
- 2008- A prevention resilience protocol for possible traumatic events in the future in elementary schools and kindergartens. A study done before and after the war in the southern part of Israel.
- 2010- Responsible for a national pilot to implement and study a resilience educational protocol in 30 cities in Israel (elementary schools and kindergartens). Ongoing research.
- 2011- Conducting and studying an internet based protocol for a remote psychotherapy for adolescents with type 1 diabetes and their parents.

2012- Conducting and studying a unified CBT protocol based on the third

wave of CBT for traditional face to face psychotherapy and for internet remote psychotherapy.

G. LIST OF PUBLICATIONS

1. A Personality Model Derived from the Writing of Rabbi A.I. Kook.

M.A. Thesis, 1987, Department of Psychology, Bar Ilan University, Israel.

2. A Personality Model Derived from the Writing of Rabbi A.I. Kook.

Doctoral dissertation 1993, The Hebrew University, Jerusalem, Israel.

H. CHAPTERS IN BOOKS

1. Daniel Hamiel, Stress and Trauma, in Pirker-Binder I Ed. Biofeedback in der praxis (German). pp 107-119, Springer Wein, New York 2006.

2. Danie Hamiel ,General Anxiety Disorder and Social Phobia in children and adolescents. Nilly Mor and Yup Mair (Eds.). Teaching Cognitive Behavioral Therapy (in Hebrew). Tel-aviv: Dunon Press 2011.

3. Daniel Hamiel and Arnon Rolnick

Biofeedback and Cognitive Behavioral Interventions Reciprocal Contributions, Schwartz MS and Andrasik F (Eds.), Biofeedback A Practitioner's Guide (4th ed.) NY: Guilford Press, 2013 (in press).

4. N. Laor, L. Wolmer, S. Spirman, D. Hamiel, Z. Wiener. Child-Oriented Perspective on Community Resilience. In Pat-Horenczyk R., Brom, D., Vogel, J. & Chemtob, C.M. Helping children cope with trauma: Individual, family and community perspectives. London: Routledge, 2013.

I. ORIGINAL ARTICLES:

1. Daniel Hamiel, Narcissism and love, or two "I" and two "Loves" in M. Buber, Freud & Object Relations Theory. "Sichot" - Israel Journal of Psychotherapy 7 (1), p.31-38, 1992.
2. Daniel Hamiel, Logotherapy, a new direction. "Sichot", Israel Journal of Psychotherapy 1 (3), p. 46-51, 1994.
3. Daniel Hamiel, Stress management and peak performances in the class setting. Group work stress management with biofeedback for children. *Biofeedback* (26), 4, p.21-22, 1998.
4. Daniel Hamiel, A. Yofe, D. Roe, Trichotillomania - The Aspect of Mania. *Israeli Journal of Psychiatry*: (36),3, P. 192-199, 1999.
5. O. Pinhas-Hamiel, Debra Standiford, D. Hamiel, LM. Dolan, R Cohen, P Zeitler. The Type 2 family: a setting for development and treatment of adolescent Type 2 Diabetes Mellitus. *Arch pediatrics* (153) p. 1063-1067, 1999:
6. D. Hamiel, D. Roe, Psychophysiotherapy: Integrating biofeedback and cognitive behavioral therapy. *Sichot. Israel Journal of Psychotherapy* (15) 1, p. 51-57, 2000.
7. D. Hamiel, D. Moss. P. Shwarzman.
Clinical Psychophysiology in Primary Care.
Journal of the Israel Medical Association (142) 3, p. 193-196, 2003.
8. Daniel Hamiel, Children under Stress and Trauma: The Use of Biofeedback, Cognitive Behavioral Techniques and Mindfulness for Integrated and Balanced Coping. *Biofeedback* 33 (2005): 149-152.
9. D, Hamiel, B. Bendict, The use of cognitive behavioral short interventions in the primary care by family physicians and pediatricians. *Israel Journal of Family Practice* (20) 155, p. 8-11,2010

10. L. Wolmer*, D. Hamiel*, N. Laor. (*equal contribution) Preventing children's post-traumatic stress after disaster with teacher-based intervention: A controlled study. *Journal of the American Academy of Child and Adolescent Psychiatry*, 2011, 50:340-348.
11. L. Wolmer*, D. Hamiel*, J.D. Barchas, M. Slone, N. Laor. (*equal contribution) . Teacher-delivered resilience-focused intervention in schools with traumatized children following the Second Lebanon War. *Journal of Traumatic Stress*, 2011, 24:309-316.
12. Kletter, Hilit, Rebecca A. Rialon, Nathaniel Laor, Daniel Brom, Ruth Pat-Horenczyk, Mohammed Shaheen, Daniel Hamiel et al. "Helping Children Exposed to War and Violence: Perspectives from an International Work Group on Interventions for Youth and Families." In *Child & Youth Care Forum*, pp. 1-18. Springer US, 2013.
13. L. Wolmer, D. Hamiel, M. Slone, M. Faians, M. Picker, N. Laor. Post-traumatic reaction of Israeli Jewish and Arab children exposed to rocket attacks before and after teacher-delivered intervention. *Israel Journal of Psychiatry and Related Sciences*. 2013, 50, in press.
14. D. Hamiel, L. Wolmer, S. Spirman, N. Laor. Comprehensive child-oriented preventive resilience program in Israel based on lessons learned from communities exposed to war, terrorism and disaster. *Child and Youth Care Forum*, 2013, 42:261-274
15. Wolmer L, Hamiel D, Barchas JD, Slone M, & Laor N. Preschool Israeli Children Exposed to Rocket Attacks Before and After Teacher-Delivered Intervention (under review)

J. PAPERS PRESENTED IN SCIENTIFIC MEETINGS PUBLISHED AS PROCEEDINGS

1. HAMIEL, D., & FRENKEL, A. (1995, September). CORRELATION BETWEEN EXTENSOR AND FRONTALIS ELECTROMYOGRAPH (EMG) LEVELS AND

OCCUPATION. In *BIOFEEDBACK AND SELF-REGULATION* (Vol. 20, No. 3, pp. 286-286). 233 SPRING ST, NEW YORK, NY 10013: PLENUM PUBL CORP.

2. Hamiel, D. (2005). Children under stress and trauma: The use of biofeedback, cognitive-behavioral techniques, and mindfulness for integrated and balanced coping. *Biofeedback*, 33, 149-152.
3. Hamiel, D. (2005, June). Combining biofeedback, attention and mindfulness techniques with children and adolescents. In *APPLIED PSYCHOPHYSIOLOGY AND BIOFEEDBACK* (Vol. 30, No. 2, pp. 157-157). 233 SPRING ST, NEW YORK, NY 10013 USA: SPRINGER/PLENUM PUBLISHERS.
4. Hamiel, D. (2006, December). Treating test anxiety through the internet with cognitive behavioral techniques and biofeedback. In *APPLIED PSYCHOPHYSIOLOGY AND BIOFEEDBACK* (Vol. 31, No. 4, pp. 357-357), 2006.
5. Hamiel, D. (2007, December). From trauma to healing-the use of biofeedback and stress management techniques in shelters during the Israeli-Lebanon conflict 2006. In *APPLIED PSYCHOPHYSIOLOGY AND BIOFEEDBACK* (Vol. 32, No. 3-4, pp. 224-224). 233 SPRING ST, NEW YORK, NY 10013 USA: SPRINGER/PLENUM PUBLISHERS.
6. Hamiel, D. (2008, December). Implementation of Psycho and Psycho-Physiological Tools in the Educational System: Enhancing Resilience and Stress Management A Study done in 40 Schools. In *APPLIED PSYCHOPHYSIOLOGY AND BIOFEEDBACK* (Vol. 33, No. 4, pp. 248-248). 233 SPRING ST, NEW YORK, NY 10013 USA: SPRINGER/PLENUM PUBLISHERS.
7. Hamiel, D. (2011, December). Cognitive Behavioral Techniques and Biofeedback for the Mass: Prevention and Therapy via Mediators and the Internet (In Education, and in the Health System). In *APPLIED PSYCHOPHYSIOLOGY AND BIOFEEDBACK* (Vol. 36, No. 4, pp. 289-289). 233 SPRING ST, NEW YORK, NY 10013 USA: SPRINGER/PLENUM PUBLISHERS.

8. Wolmer, L., Hamiel, D., & Laor, N. (2012, January). REAL AND TRANSITIONAL WOMBS: PARENTS, TEACHERS AND SYSTEMS REGULATING CHILD WELL-BEING IN THE FACE OF MASSIVE TRAUMA. In *ISRAEL JOURNAL OF PSYCHIATRY AND RELATED SCIENCES* (Vol. 49, No. 1, pp. 42-43).

K. INVITED PAPERS, KEYNOTES, INVITED SPEAKER, PRESENTED AT SCIENTIFIC MEETINGS

1. D. Hamiel, Correlation between Extensor and Frontalis Electromyography (EMG) levels and Occupation. Presented at the 1995 annual meeting of the Association for Applied Psychophysiology and Biofeedback in March 1995, Cincinnati Ohio.
2. D. Hamiel, Electromyography (EMG) Biofeedback Assisted Progressive relaxation training. The annual meeting of the Association for Applied Psychophysiology and Biofeedback in March 1996, Albuquerque NM USA.
3. D.Hamiel, Biofeedback Assisted Cognitive Behavioral Therapy. Keynote at the The Israeli Biofeedback Association annual meeting . June 1996, Tel-Aviv Israel.
4. D.Hamiel, Biofeedback Assisted Cognitive Behavioral Therapy, A powerful Approach. The annual meeting of the Association for Applied Psychophysiology and Biofeedback in March 1997, San Diego California, USA.
5. O. Pinhas-Hamie, I MP. Alfaro, D. Standiford, D. Hamiel, LM Dolan, R. Cohen, P. Zeitler. Binge eating disorder in adolescents with type 2 diabetes. Oral presentation. International symposium nutrition, brain function and eating disorders, Tel-Aviv Israel. November 1997.
6. D. Hamiel. Biofeedback in Israel. Chairman of session. The 26th scientific conference of the Israeli Psychological Association. Tel-Aviv University, October, 1997.
7. D.Hamiel. The integration of biofeedback at the medical and psychological services: Options, resistance, fantasy and reality. Chairman of session. The 26th scientific

conference of the Israeli Psychological Association. Tel-Aviv University, October, 1997.

8. O. Pinhas-Hamiel, M-P Alfaro, D. Standiford, D. Hamiel, LM Dolan, R. Cohen, P Zeitler. Concerning risk factors in family members of adolescents with type 2 diabetes. The 8th international congress on obesity -Paris 1998
9. O. Pinhas-Hamiel, M-P Alfaro, D. Standiford, D. Hamiel, LM Dolan, P Zeitler . The Society for Pediatric Research Annual Meeting APS/SPR, New-Orleans, May, 1998
10. D.Hamiel. Peak Performance and Stress Management in the Army. The annual meeting of the Mental Health Services, The Israeli Army, Givat Olga June 1998.
11. D.Hamiel. Psychophysiology Treatment a New approach. The annual meeting of the Israeli Mental Health Services, The Ministry of Health, Jerusalem June 1998.
12. D.Hamiel. Stress Management in the Class Setting, The annual meeting of the European Society for Health Psychology, Vienna September 1998.
13. D.Hamiel. Biofeedback in Organization. The annual meeting of the European Society for Biofeedback. Groningen, Netherlands, March 1999.
14. D.Hamiel. Biofeedback in the class setting. The annual meeting of the American Society for Applied Psychophysiology and Biofeedback. Vancouver Canada, April, 1999.
15. D.Hamiel. The integration of psychophysiology and cognitive-behavioral into one therapy. The annual meeting of the European Society for cognitive-behavioral therapy, Dresden, Germany, September 1999.
16. O. Pinhas- Hamiel M-P. Alfaro, D. Standiford, D. Hamiel, LM Dolan, R. Cohen, P. Zeitler. Binge eating disorder in adolescents with type 2 diabetes.

Oral presentation. Adolescent Medicine perspective and challenge.
Jerusalem Israel September 2000.

17. D.Hamiel. Biofeedback in Organization. The annual meeting of the European Society for Biofeedback. Eilat February 2000.
18. D.Hamiel. Psycho-physio Therapy. The annual meeting of the Association for Applied Psychophysiology and Biofeedback in March 2000, Denver Colorado, USA.
19. D.Hamiel. Biofeedback at the educational system and in organization. The annual meeting of the Association for Applied Psychophysiology and Biofeedback in March 2000, Denver Colorado, USA.
20. D.Hamiel. Keynote: The second forum international of Quality of life, Porto Alegre, Brazil, October 2000.
21. D.Hamiel. Biofeedback and stress management in the class setting. The annual meeting of the European Society for Biofeedback. Prien Germany February 2001.
22. D.Hamiel. Biofeedback and Cognitive Behavioral Therapy, a Powerful combination approach. The annual meeting of the Association for Applied Psychophysiology and Biofeedback in March 2001, Durham North Carolina , USA.
23. D.Hamiel. Biofeedback and stress management in the school setting. The annual meeting of the Association for Applied Psychophysiology and Biofeedback in March 2001, Durham North Carolina, USA.
24. D.Hamiel. Kids under terror. Preventing Post Traumatic Stress Disorder with kids under terror. The annual meeting of the Association for Applied Psychophysiology and Biofeedback in March 2002, Las Vegas, USA.

25. D.Hamiel. Biofeedback and CBT. Treating kids with different psychopathologies. The annual meeting of the Association for Applied Psychophysiology and Biofeedback in March 2002, Las Vegas, USA.
26. D.Hamiel. Biofeedback and stress management in the school setting. The annual meeting of the Association for Applied Psychophysiology and Biofeedback in March 2002, Las Vegas, USA.
27. D.Hamiel. Cognitive Behavioral and Physiological Interventions with kids under terror attacks. . The annual meeting of the European Society for Biofeedback. Udine Italy February 2003.
28. D.Hamiel. The combination of CBT, Psychodynamic therapy, and Biofeedback in an intervention with children after and a terror attack. The European society for behavioral cognitive therapy conference, Prague September 2003.
29. D.Hamiel. Invited speaker: Biofeedback, stress management programs and new strategies for prevention with children in peace and war. The annual meeting of the European Society for Biofeedback. Winthertur, Swiss February 2004.
30. D.Hamiel. Invited speaker: Combining biofeedback, attention and mindfulness techniques with Children and Adolescent". The annual meeting of the European Society for Biofeedback. Hasselt Belgium February 2005.
31. D.Hamiel. Invited speaker. The annual meeting of Nes-Tziuna Beer-Jacob Mental Health Center: Case analysis by cognitive behavioral approach. June 22, 2005.
32. D.Hamiel. Invited speaker: Treating test anxiety through the internet with Cognitive Behavioral tools and biofeedback. The annual meeting of the European Society for Biofeedback. Vienna Austria February 2006.

33. D.Hamiel. Invited speaker. Coping with trauma patients in the primary care, during trauma time. The sixth conference for Medicine in the community, Tel-Aviv Israel, September , 2006
34. D.Hamiel. keynote: From Trauma to Healing following the second Lebanon war. From Trauma to Healing following the second Lebanon war. The annual meeting of the European Society of Biofeedback. Berlin, February 2007
35. D.Hamiel. Keynote: Therapy and education in treating difficult cases of children with anxiety. The annual meeting of the Israeli association of Psychiatry of the Child. Tel-Aviv University Medical School. September 2008.
36. D.Hamiel. Keynote: Therapy and Education. The annual meeting – psychotherapists of the north (of Israel). Ziv Hospital, Zefat. March 2009.
37. D.Hamiel. School resilience program. The International conference on Trauma, the Hebrew University February 2010.
38. D.Hamiel. Keynote: School Resilience Program – From Crisis to Growth. The annual meeting of the European Society of Biofeedback. Munich, February 2011.
39. Laor, Nathaniel; Spirman, Smadar; Wolmer, Leo; Hamiel, Daniel; Wiener, Ze'ev; Albalansy, Alberto; Versano-Eisman, Tali; Rubinstein, Zohar; Nagel-Edelstein, Tzipi. Urban Disaster Preparedness: A National Pilot Program to Enhance Systemic and Community Resilience Second Israeli International Conference on Healthcare System Preparedness and Response to Emergencies and Disasters, 15-19 January, 2012, Tel-Aviv, Israel.
40. Hamiel, Daniel; Versano-Eisman, Tali; Wolmer, Leo; Spirman, Smadar; Dror, Maayan; Laor, Nathaniel. Teacher-Delivered Intervention: Boosting the Resilience and Preparedness of Children's Communities at Risk of Imminent

War. Second Israeli International Conference on Healthcare System Preparedness and Response to Emergencies and Disasters, 15-19 January, 2012, Tel-Aviv, Israel.

41. Wolmer, Leo; Gabay, Aharon; Spirman, Smadar; Hamiel, Daniel; Rubinstein, Zohar; Wiener, Ze'ev; Albalansy, Alberto; Laor, Nathaniel. Urban Disaster Preparedness: Baseline Assessment and Outcomes following a One-Year Implementation. Second Israeli International Conference on Healthcare System Preparedness and Response to Emergencies and Disasters, 15-19 January, 2012, Tel-Aviv, Israel.
42. 43. D. Hamiel, L. Wolmer, T. Versano, M. Stone, Y. Findler, N. Laor. Empowerment of teachers to lead resilience-enhancement interventions: The impact on self-efficacy and role identity. 6th European Conference on Positive Psychology 26-29 June, 2012, Moscow, Russia.
43. D.Hamiel, L. Wolmer, N. Laor, Presentaion on school resilience in the International Work Group on Treatment Interventions for Children Exposed to War and Violence Stanford Early Life Stress Research Program Department of Psychiatry and Behavioral Sciences Stanford University Meeting at the Freeman Spogli Institute for International Studies May 5 – May 9, 2012
44. D.Hamiel. School Resilience Program – invited talk at the annual meeting of the European Association of Behavioral and Cognitive Therapy (EABCT) Reykjavik Iceland 2011
45. D.Hamiel. Case presentation at the meeting of the Israeli Association for psychoanalytical psychotherapy ."Different point of view for children psychotherapy". Tel-Aviv November 2012.
46. Hamiel, Daniel;; Wolmer, Leo;; Laor, Nathaniel. Open paper – School resilience program. the annual meeting of the European Association of Behavioral and Cognitive Therapy (EABCT) Geneva Swiss 2012.

47. Hamiel, Daniel;; Wolmer, Leo;; Laor, Nathaniel. Symposia – School resilience program. the annual meeting of the European Association of Behavioral and Cognitive Therapy (EABCT) Marrakech Morocco 2013

L. INTERNATIONAL WORKSHOPS

1. Biofeedback and Brief Psychotherapy. Five days workshop for Psychotherapists in the greater Cincinnati area USA. Step 1. August 1995. Step 2 March 1996.
2. Cognitive Behavioral Therapy for Trauma in the Area of Disaster. A special workshop for Turkish mental health professional after 1999 earthquake with Leo Volmer and Nathaniel Laor. Istanbul September 1999.
3. Classroom Activity Program for New York City Schools in the Aftermath of September 11, with Leo Volmer and Nathaniel Laor, September, November and December 2002, NYC.
4. Physio-psychotherapy in peace and in war: The combination of biofeedback and cognitive behavioral therapy (CBT) for children and adolescent in general and under terror situations. One day workshop at the annual meeting of the European Society for Biofeedback. Winthertur, Swiss February 2004.
5. Stress Management and Optimizing Performance in the Class Setting. One day workshop at the annual meeting of the European Society for Biofeedback. Winthertur, Swiss February 2004.
6. The integration of Biofeedback and Cognitive-Behavioral Techniques (CBT) in Individual and Groups' Psychotherapy. One day workshop at the annual meeting of the European Society for Biofeedback. Husselt, Belgium February 2005.
7. Biofeedback and Self Regulation in the Class Setting: Concept and tools. One day workshop at the annual meeting of the European Society for Biofeedback. Husselt, Belgium February 2005.

8. Treating Anxiety and Depression by the Combination of Cognition, Physiology and Attention. One day workshop at the annual meeting of the European Society for Biofeedback. Vienna Austria, February 2006.
9. Stress management in the class setting. One day workshop at the annual meeting of the European Society for Biofeedback. Vienna Austria, February 2006.
10. Treating Anxiety and Depression by the Combination of Cognition, Physiology and Attention. One day workshop. The annual meeting of the Association for Applied Psychophysiology and Biofeedback. Portland USA, March 2006.
11. Treating complicated case of anxiety and depression. One day workshop at the annual meeting of the European Society for Biofeedback. Berlin, February 2007
12. The use of Cognitive behavioral and biofeedback tools in the community (schools, primary care and the internet). One day workshop at the annual meeting of the European Society for Biofeedback. Berlin, February 2007
13. The use of Integrative Cognitive Behavioral Therapy in Children for Physiotherapists. 2 days workshop. Amsterdam, March 2009.
14. CBT workshop. 3 days workshop at the annual meeting of the Israeli association for clinical psychologist, Genosar, Israel 2009.
15. Biofeedback workshop for the Jewish community social services in Chicago, March 2009.
16. Short Cognitive Behavioral protocols. Two days workshop at the 1st annual meeting of the CBT association of Israel, Acre Israel, February 2010.
17. Resilience program for schools. 3 days workshop with Leo Volmer and Nanthniel Laor for the Jewish community social services in Chicago USA, May 2010.

18. School resilience program – coping with daily and traumatic stress with CBT and Biofeedback. One day workshop at the annual meeting of the European Society of Biofeedback, Munich 2011.
19. School Resilience Program – From Crisis to Growth Prevention of PTSD and building life skills. Half day workshop at the annual meeting of the European Association of behavioral and cognitive therapy (EABCT) Geneva Switzerland 2012.
20. School Resilience Program – From Crisis to Growth Prevention of PTSD and building life skills. Half day workshop at the annual meeting of the European Association of behavioral and cognitive therapy (EABCT)) Marrakech Morocco 2013

M. OTHER

1. D. Hamiel, J. Zimmerman, U. Gal and Z. Levantal. Internet Intervention for test anxiety (www.minustress.com). CBT protocol for test anxiety studied by J. Zimmerman in a Ph.D thesis.
2. Audio CD – Relaxation and cognitive techniques for kids. September 2000.
3. Audio CD – Minustress Relaxation, balance techniques and meditation for anxiety. Together with J. Zimmerman, U. Gal and Z. Levantal
4. Don't Pop your cork on Mondays. Adolf Moser. Editing and introduction of the Hebrew edition 2001.