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IDC HERZLIYA | School of Psychology

MAYTIV Center for Research and Practice in Positive Psychology



Eden Rachman, MA

Group Facilitator

Eden is a group facilitator with extensive experience in education, teaching, facilitation, and educational entrepreneurship. He holds an MA in Israeli culture and a BA in psychology, and is nearing completion of a master's degree in social work, clinical track, at the University of Haifa.
In his facilitation work, he aims to enable participants to acquire knowledge and skills, adopt new thinking patterns, and go through a deep and meaningful personal process, in order to benefit their lives and their environment. Eden believes in every person's right and ability to live a rich and full life, out of awareness, compassion, and love for themselves and others.