

Emotionally Focused Therapy (EFT) Core Skills Training

in Israel

With Elana Katz, George Faller
and Ryan Rana

* Completion of an EFT Externship is a prerequisite for this course.

Part 1

Wednesday-Thursday, Sunday
September 7-8, 11, 2022
Reichman University

Part 2

Monday-Thursday
Feb 27 - Mar 2, 2023
Reichman University

Emotionally Focused Therapy (EFT) Core Skills Training presents a set of workshops that offer an in-depth opportunity to develop the core skills essential to the practice of EFT. Each segment includes instruction, role play, observation of an interview, and consultation. To complete the course, each participant must present a short video clip of their own work.

Session 1 will address assessment (Elana Katz & George Faller); **Session 2** will be on Cycle De-escalation (Elana Katz & George Faller); **Session 3** will be on Withdrawer Re-engagement (Elana Katz & Ryan Rana) and **Session 4** will be on Pursuer Softening (Elana Katz & Ryan Rana).

Learning Objectives:

- How to interview for the negative cycle of interaction
- How to deepen emotion with partners/spouses who share significantly different views of their relationship
- How to help clients experience success and connection in their vulnerability

Prerequisite:

- All participants must completed an EFT externship before enrolling in this course.

George Faller is a retired Lieutenant of the NYC Fire Department, a Licensed Marriage and Family Therapist in New York and Connecticut and an Approved Supervisor for the American Association of Marriage and Family Therapists. He is the founder and President of the New York Center for Emotionally Focused Therapy (EFT). As an EFT Trainer, George teaches several classes with Elana Katz at the Ackerman Institute for the Family in New York City, is a board member of the Porter Cason Institute for the Family at Tulane University in New Orleans, and is the director of training at the Center for Hope and Renewal in Greenwich, CT. The experience George brings to the EFT community is vast, as he works as a marriage consultant and conference leader to the US Military, FDNY, Wall Street executives, and trains therapists across the U.S. and abroad. Specializing in trauma, Family EFT, and self-of-the-therapist issues, George is committed to bringing EFT to marginalized groups and pushing the leading edge of effective therapy. George has been a featured guest on MSNBC Nightly News "People Making a Difference" with Brian Williams.



Elana Katz, LCSW, is a senior faculty member at the Ackerman Institute for the Family where she teaches advanced family therapy and directs the Family Mediation Program. She has presented nationally and internationally (Argentina, Chile, Israel and Mexico), including annual meetings of the American Family Therapy Academy, the International Academy of Collaborative Professionals, and the Psychotherapy Networker. One of the first therapists in New York to become certified in Emotionally Focused Therapy, Ms. Katz is now one of forty Trainers in EFT worldwide. She is responsible for bringing the EFT Externship to New York where, under her direction, more than 1000 therapists have now studied EFT. In partnership with George Faller she has been teaching innovative courses in EFT at Ackerman since 2009. Most recently she developed the very successful EFT Certification Bootcamp, a program that helps therapists deepen their emotional awareness and effectiveness in practicing this model. Ms. Katz has also completed advanced training in AEDP as well as the immersion course in Dyadic Developmental Psychotherapy with Dan Hughes. She has published a number of articles and has been quoted by the New York Times, the Associated Press, and other media outlets, including National Public Radio. Ms. Katz currently serves on the Executive Board of the New York Center for Emotionally Focused Therapy as well as the Board of Directors of the New York Association for Collaborative Professionals. Her private practice is in Manhattan.

Ryan Rana, PhD. LPC/LMFT, ICEEFT Certified Trainer

Dr. Rana, an ICEEFT trainer, was formerly a university faculty member at John Brown University. Ryan is the president and founder of the Arkansas EFT Center. Additionally, Ryan and his wife, Anne, co-founded The Joshua Center in Arkansas, where he practices and serves as the Executive Director. He maintains a clinical practice specializing in work with couples, families, trauma, sexuality, anxiety, depression, and executive leadership. His passion is to advance EFT via education and trainings in areas around the world. Ryan also spends significant time studying military training and practice and its relationship to the process of change and healing in therapy, and he also works with military and first responders and their partners. Before becoming a therapist, Ryan was a college athlete and a baseball coach. Ryan is a cofounder and host of several innovative training platforms: The Leading Edge in Emotionally Focused Therapy podcast, The Leading Edge:

Transformin your Leadership Through
internet based training site called

Attachment Science, and a large
www.successinvulnerability.com.



Early registration until May 30:

Student\Intern: 6000 NIS

Full Price: 6500 NIS

After May 30:

Student\Intern: 6200 NIS

Full Price: 6700 NIS

Sign Up Here

Contact Us >> Register-Therapy@idc.ac.il