Get to Know Me

IDC HERZLIYA | School of Psychology

MAYTIV Center for Research and Practice in Positive Psychology



Keren Deleon, MA

Senior Group Facilitator

Keren is a clinical psychologist, lecturer, and group facilitator in positive psychology. She holds a BA in psychology and an MA in clinical child psychology from the School of Psychology at the Interdisciplinary Center (now Reichman University). Her thesis was written in the spirit of positive psychology on the topic of gratitude and pro-social behavior among young children. Keren has clinical experience working with children, adolescents, adults, and parents at the clinic of the School of Psychology at Reichman University, and at the "Ramat Hen" mental-health clinic in the child and adolescent department. Keren has extensive experience training education staff to build resilience and mental wellbeing, as well as training for promoting excellence with attention to emotional, social, and awareness aspects. She also guides educational management teams in team-development and positive-leadership processes, and delivers positive-psychology training for groups of social workers, welfare professionals, parents, and senior citizens.