Get to Know Me



Levia Baldasare, MA

Group Facilitator

Levia is married and a mother of four. She is a therapist and group facilitator. She holds a BA in social work (individual track) from Bar-Ilan University and a graduate MA with honors in social work with a specialization in children and youth from the University of Haifa.

Levia has rich therapeutic experience working with at-risk youth, training educational teams, and mentoring students. She also has a background in playback-theater studies and facilitates playback therapy using play-based tools. She currently runs a private clinic recognized by the Ministry of Defense, facilitates combat-processing groups, and leads circles for reservist and career servicewomen. She facilitates positive-psychology groups and coordinates the Chama initiative across local authorities in the north.