Get to Know Me



Shany Cohen Shechter, MSW

Senior Group Facilitator and Team Lead

Shany Cohen Shechter is a certified therapist and group facilitator. She holds an MSW in clinical child and youth social work from Tel Aviv University and is a graduate of the two-year program for training group facilitators at Tel Aviv University.
She grew up in the worlds of education and therapy, formal and informal — working with adolescents, training teams, parents, and social-work students. In recent years she established a clinic supporting and treating women and couples through emotional states on the journey to parenthood, pregnancy, and processing the birth experience and early parenthood, and holds professional training in these fields.