

Managing in a Complex Reality



In recent years, all of us have been required to deal with a reality unlike anything we have known before. The challenges we face, as individuals and as a society, are intense, unpredictable, and constantly changing. As managers, we are required more than ever to hold a broad and sophisticated set of capabilities that allow for flexibility and sensitivity alongside stability and productivity.

In this workshop, we will learn practical tools to help us manage optimally within a reality of ongoing crisis.

What will we cover in the workshop?

- Positive psychology strategies for management during crisis periods - through deep personal and group work, participants will learn to identify their managerial strengths and how they can cultivate personal and team resilience.
- Tools for managing during a crisis — managers will receive practical tools for "both/and" management: management that is both humane and sensitive to the challenges of the period, while also drives performance and productivity.
- Practical techniques for coping with stress and uncertainty - managers will receive practical tools for correctly managing personal tension and burnout, while maintaining professional functioning.

*All lectures can be delivered in Hebrew, English, or Arabic.