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IDC HERZLIYA | School of Psychology

MAYTIV Center for Research and Practice in Positive Psychology



Adi Shneydor Willinger, MA

Group Facilitator

Adi is a psychotherapist and group facilitator. She holds an MA in clinical criminology and is a certified graduate of the two-year group-facilitation program at the School of Social Work at Tel Aviv University, and is also certified by the Israeli Center for Sex Education. Adi treats clients at a private clinic in Kibbutz Hannaton, works individually at Beit Mazon (Ministry of Defense) treating post-trauma survivors, and facilitates relationship groups and therapeutic groups.