Get to Know Me



Barak Bendayan, MA

Senior Group Facilitator and Team Lead

Barak lives in the Galilee and is a father of two, trained as a clinical psychologist. He previously worked with the Ministry of Defense and at Rambam Hospital in Haifa.
He currently facilitates groups at Maytiv and tries to apply the principles and tools of positive psychology in his personal and professional life.
Barak strongly believes in people's capacity to change, to learn to see the good, and thereby give themselves a life of joy and meaning. Anyone can do it, and everyone is welcome to join.