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IDC HERZLIYA | School of Psychology

MAYTIV Center for Research and Practice in Positive Psychology



Anat Golan, MA

Group Facilitator

Anat holds a BA in communications and management from the College of Management, a BA in social work from Tel Aviv University, and an MA in society and the arts from the Academic College of Society and the Arts in Netanya. She is also a faculty member and graduate of the two-year program for training group facilitators at Tel Aviv University, and a faculty member in group facilitation at the Academic College of Society and the Arts in Netanya.

Anat has for years guided support and sharing groups on various topics, and is also the founder and owner of the Plugin karaoke-rooms chain, which she established in partnership after living in Japan for several years.